

# “Young In Spirit” Pilgrimage To The Holy Land June 5-18, 2023

with Jeff & Emily Cavins, Fr. Mike Schmitz  
and Dr. Andrew & Sarah Swafford



## *Itinerary Highlights:*

- Join young adults from around the world and walk in the footsteps of Jesus, His Mother, Saints and Apostles
- Enjoy three evening concerts with gifted Catholic musicians
- Explore the land of the Bible: float in the Dead Sea, walk through ancient water tunnels, ride a camel, take a boat ride on the Sea of Galilee, touch Mt. Calvary, sleep in a Bedouin tent
- Experience daily Mass at biblical holy sites
- Hear inspirational talks by Jeff Cavins, Fr. Mike Schmitz and the Swafford's.
- Pray in the Upper Room, the Garden of Gethsemane, Church of the Holy Sepulchre, Mt. of Beatitudes, Church of the Nativity and other holy sites
- Renew baptismal promises at the Jordan River

This pilgrimage is geared toward those age 18-35, though “young at heart” are also welcome. Parents and family members are welcome; no unaccompanied minors

Register at [www.jeffcavins.com](http://www.jeffcavins.com)



*“We are still basking in the joy of it all, and every Mass is filled with new meaning and understanding!” — Cindy M*



**PRICING:**

Newark/EWR \$5275

New York/JFK \$5050

Miami/MIA \$5025

Los Angeles/LAX \$5275

San Francisco/\$5300 (Departure June 4, includes early arrival hotel night)

**Catholic Musicians:**

Aly Aleigha  
Taylor Tripodi  
Fr. John Klein, LC

**Evening praise and  
worship concerts**

**per person based on double occupancy**

**Passengers are responsible  
for their own domestic flights**

## MAIN TOUR INCLUDES:

- Round trip economy class from advertised departure city to Tel Aviv
- Minimum 10-night accommodations based on two people sharing a room
- Air taxes, fuel surcharges and fees, subject to change until ticketing (Any changes invoiced at ticketing)
- Full buffet dinner & breakfast daily per hotel night, plus 9 lunches
- Round trip transfers by private motor coach
- Qualified, licensed English-speaking Israeli guide
- Porterage for one suitcase per person
- All hotel taxes & service charges
- Group travel insurance coverage during tour

## TOUR DOES NOT INCLUDE:

- Air departures from any airport other than listed at registration link
- Passport and/or visa fees (No visa required for US or Canadian citizens for entry into Israel)
- Tips & gratuities for guide, driver & hotel staff (Suggested at \$190)
- Trip cancellation coverage (available as an option)
- Covid Testing, Personal items, snacks & beverages not on itinerary, telephone calls, Internet, laundry, donations to churches, etc

## Final Payment: February 1, 2023

*Registrations received after final payment are subject to \$100 surcharge*

## Online Registration

[www.jeffcavins.com](http://www.jeffcavins.com)

### For Questions Please Contact:

**Golden Eagle Travel & Tours**

**Tricia Stoltz & Bonnie Lane: 952-679-8888**

**[goldeneagletraveltours@msn.com](mailto:goldeneagletraveltours@msn.com)**

**A deposit of \$750**

**(\$150 non-refundable)**

**per person and a completed registration is required**

### INSURANCE NOTE:

Details concerning the purchase of optional travel, medical & trip cancellation insurance may be found in registration information.

## On-site teachings by Jeff Cavins!



*“I was glad when they said to me, ‘Let us go to the house of the Lord!’”*

Psalm 122:1

# Holy Land Itinerary Highlights

(Itinerary & Hotels Subject To Change)

## “Young Spirit” Holy Land Pilgrimage

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and Dr. Andrew & Sarah Swafford

June 5-18, 2023

Meals included per itinerary: B-Breakfast L-Lunch Dinner-D

**5 JUN MONDAY:** Depart for Israel!

**6 JUN TUESDAY:** AIRPORT TO TEL AVIV:

Arrive at Ben Gurion Airport in Tel Aviv and transfer to hotel for a welcome by pilgrimage staff and Mass and short orientation. Depending on flight arrival times, there may be a chance to splash in the Mediterranean Sea. Dinner & overnight Natanya. D

**7 JUN WEDNESDAY:** GALILEE:

After breakfast we head north along the Mediterranean Coast to Caesarea Maritima for a teaching in the theater built by Herod the Great. We drive through the Carmel Mountain range and stop at a Druze village for lunch. We journey on to the Galilee to stop to visit the archaeological site of Magdala, the town of Mary Magdalene and have Mass. Dinner and overnight in Galilee. B L D

**8 JUN THURSDAY:** NAZARETH:

We begin today in Nazareth for Mass at the Church of the Annunciation before visiting the grotto where the angel Gabriel announced the coming of the Messiah to Mary. At Mt. Precipice, where the Nazarenes threatened Jesus, we have a teaching by Fr. Mike. Our lunch is at Kfar Kedem, a recreated 1st century farm, followed by hands on experiences making bread, goat cheese, even olive oil. After dinner we enjoy an outdoor Evening Concert with featured musicians. Dinner & overnight Galilee. B L D

**9 JUN FRIDAY:** GALILEE:

Begin the day at St Peter's Primacy with the chance to seek God's voice or to renew your vocational vows. Then spend time on the of Mount of Beatitudes in meditation and participating in Mass. An optional walk from the Mt. of Beatitudes to Capernaum begins a free afternoon in the Galilee with time for a swim or the option for rafting on the Jordan River (added cost). Dinner & overnight Galilee. B L D

**10 JUN THURSDAY:** GALILEE:

We drive north to Caesarea Philippi for a teaching by Jeff on the papacy. A short drive to Tel Dan to view two city gates. One from the Israelite period and one from the time of Abraham. Hike a nature path to the High Place. Enjoy a St. Peter's Fish lunch on the shore of the Sea of Galilee. Tour the site of Capernaum and participate in Mass at St. Peter's Church, built over the actual home of St. Peter. Hear a teaching about discipleship and view the location of the synagogue. Stop at the Ancient Boat Museum to see a boat from the time of Jesus. Then embark on a boat ride on the Sea of Galilee. Weather permitting, a bonfire with confessions along the seashore after dinner. Dinner & overnight Galilee. B L D

**11 JUN SUNDAY:** DEAD SEA AREA:

Drive to Qasr el-Yehud, the baptismal site of Jesus on the Jordan River to hear a teaching by Jeff, participate in Mass and & renewal of baptismal promises. Dead Sea swim. Visit Qumran, site of the Dead Sea Scrolls discovery for lunch. Drive to En Gedi, wilderness site where David hid from King Saul. Jeff will give a teaching. Arrive at Bedouin camp for overnight. Possible camel rides. After dinner enjoy an Evening Concert with our featured musicians at night with bonfire. Dinner & overnight Kfar Hanokim. B L D

**12 JUN MONDAY: DESERT to JERUSALEM:**

We say good-by to the Bedouin camp & return to the Dead Sea area. We stop at Qumran, the site of the Dead Sea Scrolls discovery. We have lunch at their cafeteria & enjoy a bit of souvenir shopping. Nearby is En Gedi, a wilderness site where David hid from King Saul. Here we often see Biblical animals such as ibis living in the oasis. After Jeff teaches, some may hike to the falls if there is time. We continue to the beach for a Dead Sea swim. We finally ascend to Jerusalem, stopping on Mt Scopus to offer the traditional "Shechuyanu" or blessing over the city as arriving pilgrims have done for centuries. Dinner & overnight Olive Tree Hotel. B L D

**13 JUN TUESDAY: BETHLEHEM:**

Bethlehem is located less than 7 miles from Jerusalem. We begin at the Church of the Nativity to see the birthplace of Jesus. Our Mass is at St Catherine's which also gives us access to St. Jerome's Grotto where he translated the scripture from Hebrew & Greek into Latin. At the Shepherds' Fields, the Christmas Story we all love is enhanced as we hear the history of these caves. After Jeff's teaching we enjoy a special lunch & shopping at a Christian olive wood & souvenir shop. Dinner & overnight Olive Tree Hotel. B L D

**14 JUN WEDNESDAY: JERUSALEM:**

From the top of the Mt. of Olives, we see the Temple Mount with the Dome of the Rock, Mt. Zion, the Old City & New Jerusalem spreading out over the city's many hills. We walk down the Palm Sunday Way to Dominus Flevit, a chapel recalling when Jesus wept over Jerusalem. After a teaching, we continue to the Garden of Gethsemane. Mass is at the Church of All Nations, built over the rock where Jesus sweat drops of blood as He prayed before His capture. As Jesus & his disciples had, we walk across the Kidron Valley to Mt. Zion to visit St. Peter in Gallicantu, the church built over Caiaphas' house where Jesus was held overnight. We end the day at the Upper Room & Dormitian Abbey. Dinner & overnight Olive Tree Hotel. B L D

**15 JUN THURSDAY: JERUSALEM:**

We start the morning with a teaching by Jeff at the Pool of Siloam followed by a walk up the ancient Herodian Street to the Davidson Center. We gather at the Southern Steps of the Temple Mount for part-two of Jeff's teaching. After lunch in the Jewish Quarter, we visit the Western Wall. Leaving the Old City by the Dung Gate, we cross to the City of David, the most ancient part originally conquered by David. Here we walk through the 3000 year old Hezekiah's Tunnel, a cool escape on a hot day. (NOTE: Wear shoes & pants that can get wet as the channel we walk through has shallow water in it.) Dinner & overnight Olive Tree Hotel. B L D

**16 JUN FRIDAY: FREE DAY****17 JUN SATURDAY: JERUSALEM:**

Today is perhaps the most meaningful day of the pilgrimage. We enter the Old City at the Lion's Gate to visit St Anne's Basilica, a crusader church built next to the Pools of Bethesda. The Via Dolorosa, the walk of Christ's Passion, begins a short distance further into the Old City. We follow it to the Church of the Holy Sepulchre, the site of Christ's crucifixion & resurrection. After a falafel lunch, we head to the Israel Museum to view the Shrine of the Book with the Dead Sea Scrolls & the Model of 1<sup>st</sup> Century Jerusalem, a perfect overview. We say good-by to Jerusalem & drive to Jaffa, the port of Jonah's departure & Peter's vision. Here Jeff shares our final teaching before we transfer to the airport. Most of our group flights depart between 11:00 pm Saturday & about 1:00 am Sunday. B L

**18 JUN SUNDAY: ARRIVE HOME with memories of a life time!**

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